



Nicola



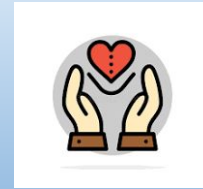
What people appreciate about me...

I am...

Loyal
Observant
Empathetic

Reliable
Understanding
Consistent

Honest
Compassionate
Committed



Kind

What is important to me...

My faith
My family
My cat
My dog
Movies
Camping

Fishing- freshwater or surfcasting
Having a sense of humour
Nature and the outdoors
To feel fulfilled in what I'm doing
Cooking and eating delicious foods

How to support me...

I don't like conflict
I love lists
I thrive in a positive environment
I like to know the big picture
Having things in writing helps me remember them

I am an introvert
I appreciate honesty
I like to feel heard
I don't like the spotlight

